



*International*TM
SOS



Ebola Awareness

Toolbox Talk

March 2014

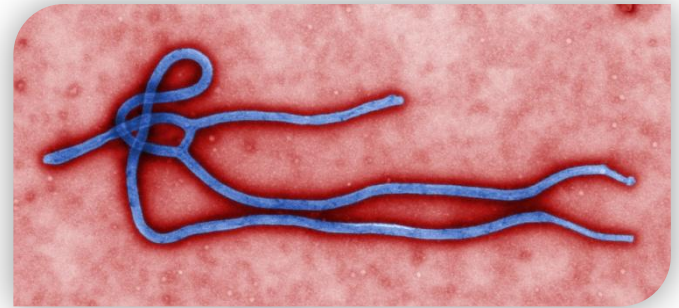
Disclaimer: This awareness talk has been developed for educational purposes only. It is not a substitute for professional medical advice. Should you have questions or concerns about any topic described here, please consult your medical professional.





EBOLA

WHAT IS IT?



Ebola is caused by a virus.

- Causes a severe illness, with bleeding
- Up to 90% will die
- No vaccine, and no treatment are available
- Many people can quickly become infected





EBOLA

HOW DOES IT SPREAD?

Sick people can spread this disease to others

- People in direct contact with sick people are at highest risk:
 - Family members
 - Healthcare workers



Dead bodies can also spread the disease. **BE CAREFUL**

- DO NOT wash, touch or kiss dead bodies
- DO NOT wash hands in the same bucket as other who have touched the body



EBOLA SYMPTOMS

What does Ebola
feel like?

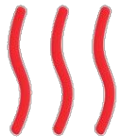


EBOLA

EARLY SYMPTOMS



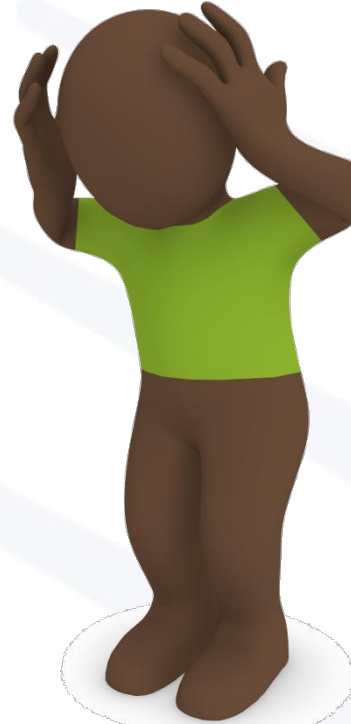
Symptoms can start within **two days** of contact with an infected person or body



FEVER



TIREDNESS



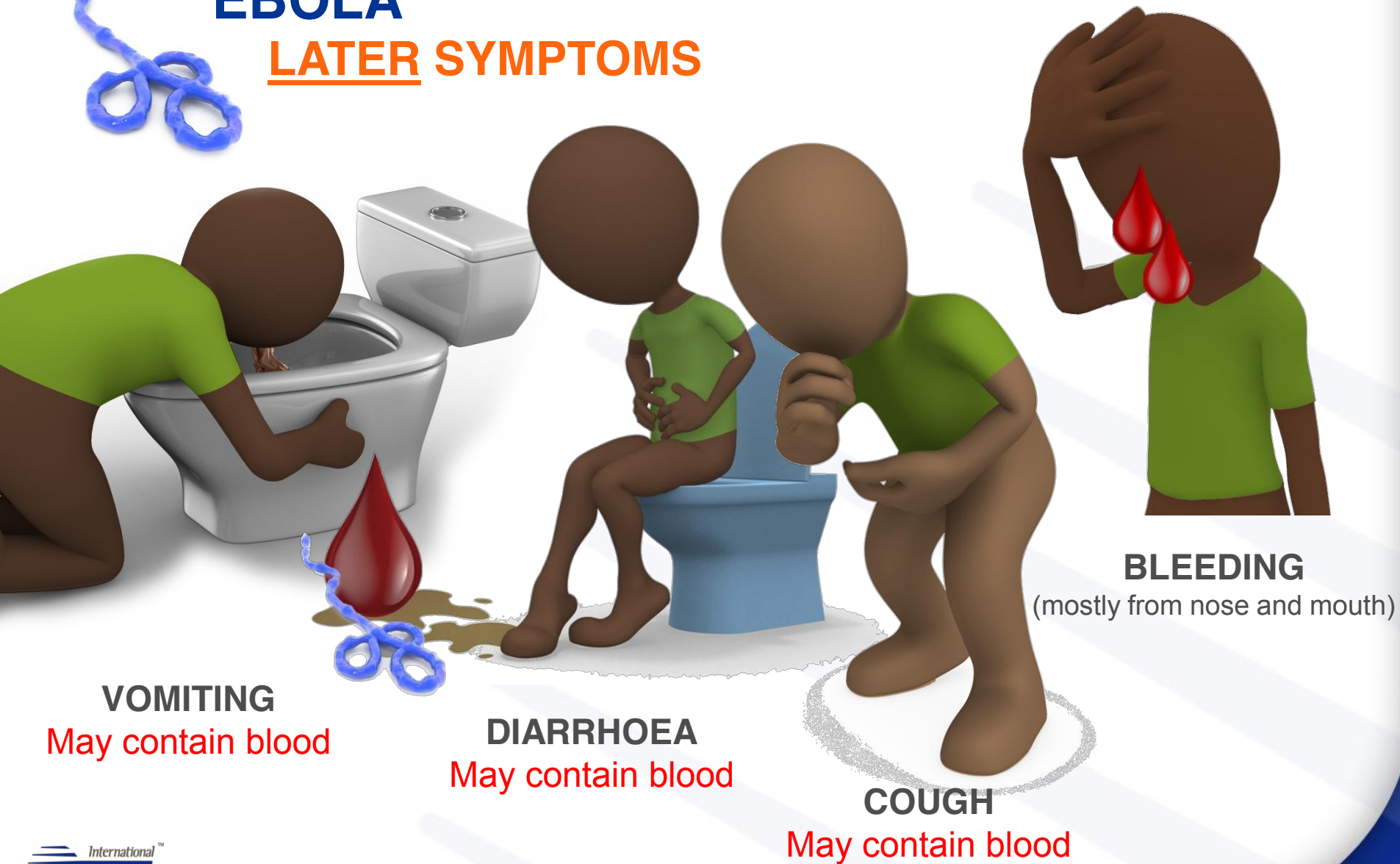
HEADACHE



NAUSEA

EBOLA

LATER SYMPTOMS



VOMITING

May contain blood

DIARRHOEA

May contain blood

COUGH

May contain blood

BLEEDING

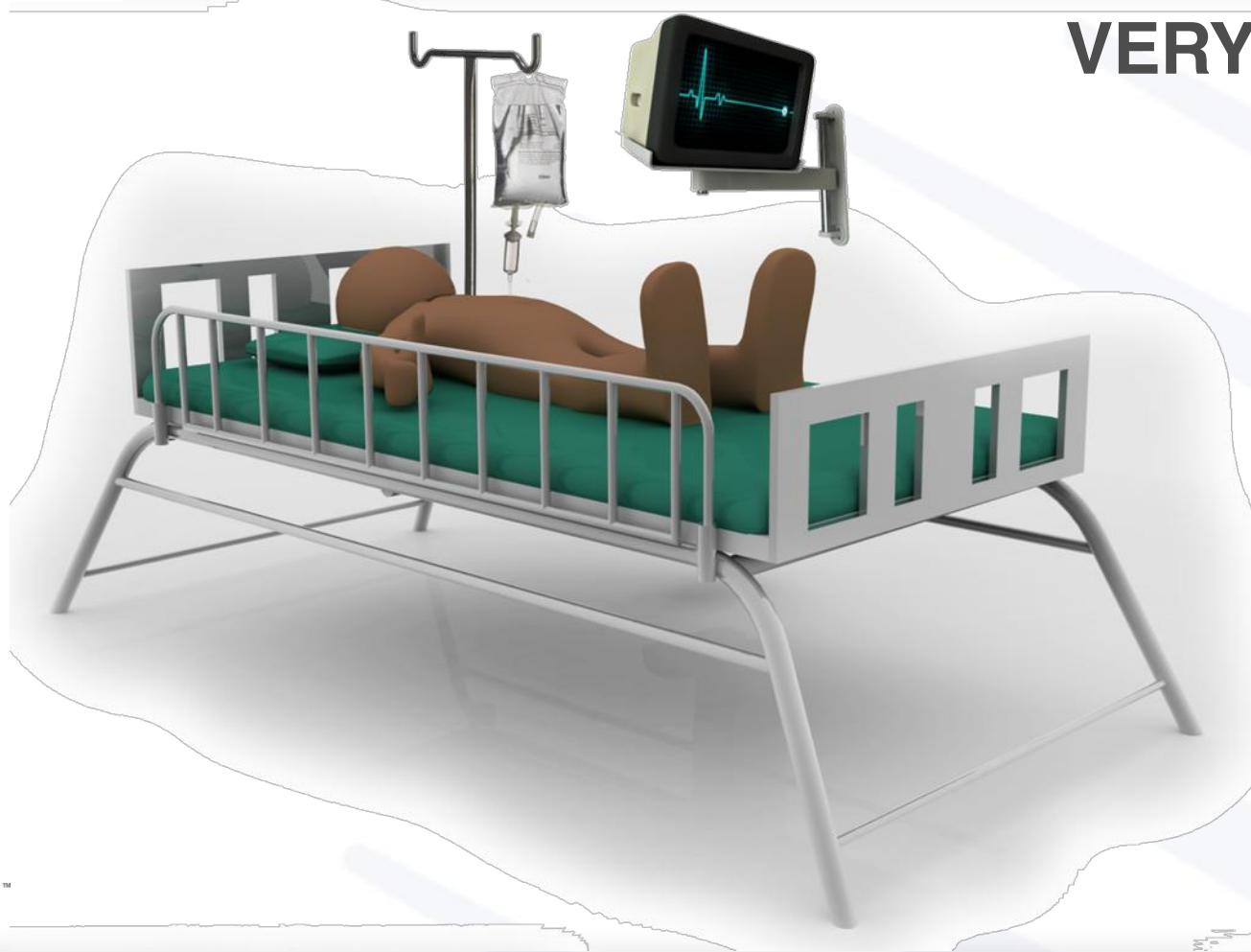
(mostly from nose and mouth)

EBOLA

LATER SYMPTOMS



**YOU CAN
BECOME
VERY SICK**





EBOLA

DEATH IS COMMON

MOST PEOPLE WITH EBOLA DIE





EBOLA PREVENTION

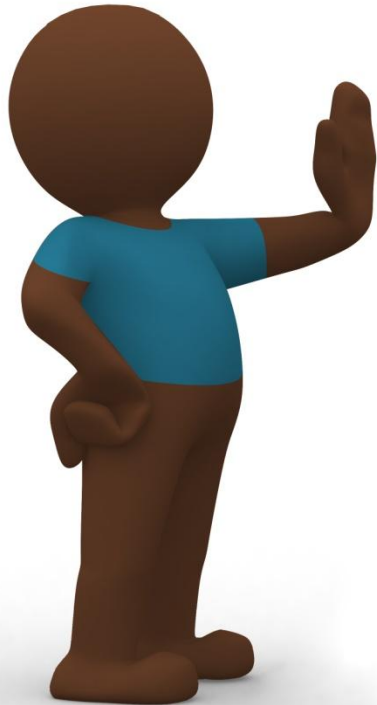
How **NOT** to catch
Ebola?





EBOLA

DON'T CATCH IT!



**YOU CAN CATCH
EBOLA FROM
SOMEONE WHO IS
SICK OR
DEAD**



KEEP AWAY.....

EBOLA

DON'T TOUCH!

Do not touch an infected person or their body fluids



BLOOD



VOMIT



FAECES OR
DIARRHOEA

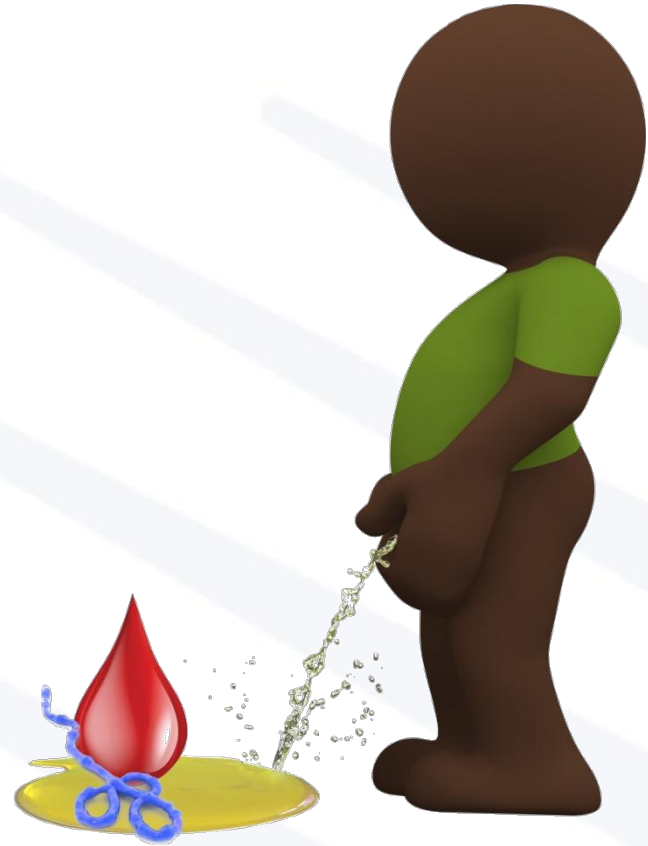
EBOLA

DON'T TOUCH!

Do not touch an infected person or their body fluids



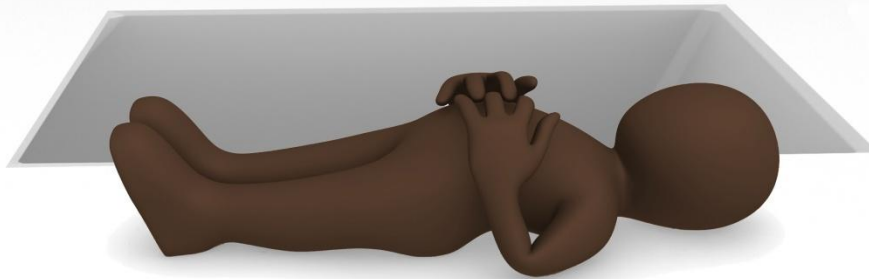
BODY FLUIDS



URINE

EBOLA

DON'T TOUCH!



DEAD BODY

Dead bodies carry the virus. Bury carefully. Keep away.

EBOLA PREVENTION



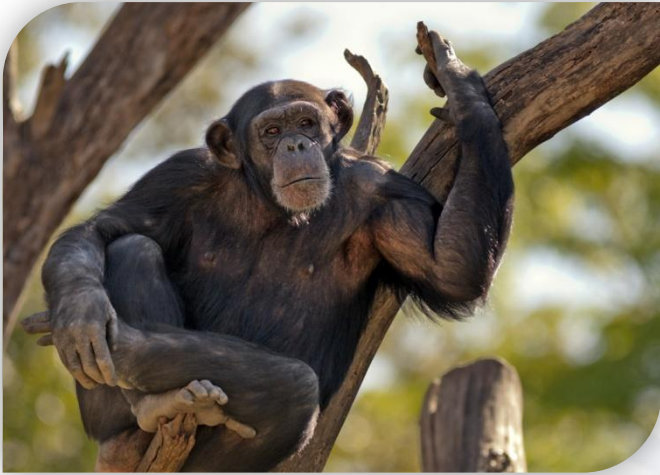
WASH YOUR HANDS OFTEN
Use SOAP





EBOLA

PREVENTION



**EBOLA is in animals and bats too.
DO NOT touch or eat "bush meat"
and don't eat bats.**





EBOLA

WHAT TO DO!

If you get sick



EBOLA

WHAT TO DO

If you develop these symptoms...



FEVER



TIREDNESS



HEADACHE



NAUSEA



VOMITING

May contain blood



DIARRHOEA

May contain blood



COUGH

May contain blood



BLEEDING

(mostly from nose and mouth)

EBOLA

WHAT TO DO



Call your medical centre and tell them about your illness

Listen to the advice. You may be sent to a special hospital

Keep away from others so they don't get sick

Be especially careful of your vomit and diarrhoea